



## THE A'ARU MAHALIM CLEARING PROCESS

The above image is specifically given by Thoth to Maia for clearing the Nephilimic genetic codes in the human DNA of the Middle Eastern races of people. It works on many different levels, from current time physical-etheric-astral-causal through the time gates and inter-dimensional portals to Sirius and beyond to the originating matrix in the constellation of Argo.

Print a copy of this image for your use with this process.

**With this particular process it is best that you wait to engage it until you can give it the proper time to complete and are thus stay present with it without distractions and without having to cut it short because of interruptions or lack of time etc.**

Start by closing your eyes. Place all your attention upon your heart chakra. You may wish to place your finger there to help you focus. Now begin some slow and rhythmic breathing in and out through your heart chakra. Continue this process until you sense a shift towards a more peaceful and aware state in your being occurring.

Now open your eyes and start breathing the energies of the A'aru Mahalim sacred clearing mandala in and out through your heart. Do this for nine in-out breath cycles.

Now state the following intention while continuing your heart breathing and while remaining focused as best you can on the A'aru Mahalim mandala with your peripheral vision:

*I AM centered in the LOVE and DIVINE GRACE of God-Spirit-Source. Through God-Spirit-Source and the Heavenly Host I request that the seal upon which conflict and war was inscribed upon the genetics of the peoples of the Middle East be opened and cleared through the divine energies of the A'aru Mahalim being projected forth by the LOVE that I AM.*

Now, while focusing intently upon the A'aru Mahalim mandala, chant the following mantram as indicated and repeat over and over again until your guidance

indicates the chanting process is complete. Be aware of your breath while you chant and try to keep it focused in the heart as best you can.

*A'ARU MAHALIM* (3x)  
[pronounced like: AH-ahroo mah-HA-leem]

*UR AT E'VEH A'TA* (1x)  
[pronounced like: oor AHT EH-vay AH-ta]

Once your guidance indicates the chanting process is complete allow some time to simply "be present" in silence with the energy and awareness that will be present with you. Be open and receptive to anything you might receive, but do not expect or anticipate information. Complete the process with a prayer of gratitude for this genetic clearing having taken place at some level.

You may do this process as often as you like, although the quality, depth, sincerity and commitment of your engagement and experience is much more important than the number of times you do it.